

Sunday Readings

March 7 Lent 3

Exodus 3:1-15
Psalm 63:1-8
1 Corinthians 10:1-13
Luke 13:1-9

March 14 Lent 4 "Mid-Lent"

Joshua 5:9-12
Psalm 32
2 Corinthians 5:16-21
Juke 15:1-3, 11b-32

March 21 Lent 5

Isaiah 43:16-21
Psalm 126
Philippians 3:4b-14
John 12:1-8

March 28 Sunday of the Passion

(Palm Sunday)

Psalm 118:1-2, 19-29
Luke 19:28-40
Isaiah 50:4-9a
Psalm 31:9-16
Philippians 2:5-11
Luke 22:14—23:56 or
Luke 23:1-49

Sunday Worship Schedule

7:30 am Traditional Eucharist
8:45 am Childcare, 2nd floor
9 am Bible Study; Adult Forum
10 am Choral Eucharist,
Child & Youth Programs

Noon Worship Schedule

Healing Eucharist
every Wednesday

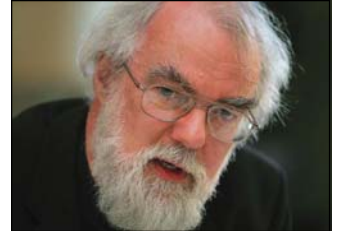
Friday Requiem Eucharist
the last Friday of each month

Monday Evening Prayer

5:30 pm In the Chapel

Reflections on Lent

By The Archbishop of Canterbury, Dr Rowan Williams



In the earliest centuries of the Church, newcomers to the Christian community were baptised at Easter. It seemed to be the obvious time to do it – Easter, the conquest of death, the beginning of new life – and so it was that it came to be the common practice for bishops, particularly, to baptise and anoint new believers at that great feast. But of course, believers had to be prepared for this event, prepared by instruction, and prayer, and self-denial. It was believed that self-denial; fasting and extra prayer was something that, as it were, limbered you up, rather like doing exercises for some great race. It made you more spiritually mobile and agile. And so that period of preparation for baptism came to be associated with fasting, with prayer and with self-denial.


That's how Lent began. A period where people were thinking about baptism, about the beginning of new life, whether literally as new converts to Christianity or – for the rest of the church – people wanting to renew that sense of commitment. And still, on Easter Eve, at this day people will renew their baptismal promises in a solemn service in church.

But that also became associated very early on with the forty days that Jesus spent in the wilderness, fasting and praying and discovering what God was asking of him. In the Gospels we're told that Jesus goes straight from his own baptism into the desert to confront the Devil and to overcome temptation. And that forty days in the desert became a great image that controlled the sense of the pre-Easter fast, that pre-Easter preparation.

During this period, it became more and more common for churches to strip away some of the decoration, to make themselves look a bit simpler, a kind of outward manifestation of the inner stripping and the inner austerity that was going on.

In the middle ages, in many English churches, the hangings and the decorations in church were replaced with hangings of very coarse cloth – sack cloth. People would sometimes wear sack cloth and the beginning of Lent was marked by a ceremony where ash was placed on people's heads in memory of their mortality – Ash Wednesday.

In general, the colour used during Lent for vestments and hangings - if it wasn't the use of old and shabby cloth – the colour would be purple, a sombre colour associated with judgement.

But it's important to remember that the word 'Lent' itself comes from the old English word for 'spring'. It's not about feeling gloomy for forty days; it's not about making yourself miserable for forty days; it's not even about giving things up for forty days. Lent is springtime. It's preparing for that great climax of springtime which is Easter – new life bursting through death. And as we prepare ourselves for Easter during these days, by prayer and by self-denial, what motivates us and what fills the horizon is not self-denial as an end in itself but trying to sweep and clean the room of our own minds and hearts so that the new life really may have room to come in and take over and transform us at Easter. 

The Women's Dinner Group

6 pm, Tuesday, March 9, 2010

Women and men are invited to attend the Women's Dinner Group March 9th when Chris Christopher, parishioner, member of Diocesan Corporation, former Diocesan Council member, and former St. James Senior Warden, and other members of the **Episcopal Diocese Refugee Network**, will speak on the amazing array of refugees in San Diego

The Episcopal Refugee Network is a non profit organization assisting refugees in our communities. A refugee is a person who flees invasion, persecution, or political danger in his homeland. Thousands of refugees live in San Diego County. The Network began with refugees from Southern Sudan, eventually African refugees from Somalia, Ethiopia, Eritrea, and Darfur. The most recent arrivals are Karen and Chin minority groups from Myanmar.

We gather at 6 pm, at 6:30 we enjoy dinner catered by Girard Gourmet, followed by our speakers. Cost: \$15. **Make a reservation today! Call the church office (858) 459-3421 or sign-up on the clipboard in front of the church on Sunday morning by Monday, March 7th.**

St. James Gift Shop News

By Karen Fast

The Gift Shop is prepared for this Lenten season with a great selection of new books—many on daily prayer, and meditation books of C.S. Lewis and Madeline L'Engle—to name a few. Have you read *The Blue Tarp School*? It's a wonderful story about the school at the dump in Tijuana.

A pewter labyrinth makes a great meditation tool, and a new selection just arrived.

Thanks to a faithful friend and benefactor of the Gift Shop, I am off on a 10-day buying trip to Mexico City. My mission is to find new artists, helping them, and us, in our never-ending search for the different and unusual in art. I will also travel to San Miguel de Allende at the invitation of the Governor of Guanajuato to meet with local artists.

Helping people to help people—the ever changing and moving circle of giving.

Come visit us soon to see all the new things. Stop by, visit, exchange a smile and a story. Contemplate the season, enjoy your friends at the Gift Shop! We all look forward to greeting you.

Lunch Bunch Presents: Caitlin Rother Pulitzer-nominated investigative reporter

NOON, MARCH 17, 2010

Join us for a very exciting and thought-provoking program presented at the March Lunch Bunch meeting. *Caitlin Rother*, who was a Pulitzer-nominated investigative reporter for the Union Tribune, will join us. She broke the 2001 story about the murder and arrest of Kristin Rossum, a toxicologist from the San Diego County Medical Examiners's Office, who poisoned her husband and staged a suicide scene by sprinkling rose petals over his body.

Fascinated with the workings of the criminal mind, Caitlin went on to cover the Rossum trial and in 2005 published her first non-fiction book, *Poisoned Love*, about the case. Four true crime books and one thriller later, Caitlin continues to ponder what leads someone to take another's life. She will tell the Lunch Bunch how she sleeps at night after a day steeped in murder, what draws her to research these cases, and how they have influenced her views of good and evil. Caitlin Rother is the daughter of our own Carole Scott.

Make luncheon reservation **no later than noon on Monday, March 15th**. Sign up after church or call the church office (858-459-3421). This St. Patrick's Day Lunch is catered by Girard Gourmet (cost \$7.00), and reservations are a must. Guests are most welcome.

Join "Soul Searchers" book club in the St. James Gift Shop

Friday, March 12, 2010, the St. James Gift Shop hold's another meeting. Now named "*Soul Searchers*," we encourage you to choose books and share your thoughts. Becoming excited about books and engaging in thought-provoking conversation is our purpose.

Soul Searchers meets the 2nd Friday of the month at 9 am in the Gift Shop. We invite you to attend! Feel free to come by the Gift Shop and browse through our bookshop section. You might find your next great literary adventure!

Adult Formation

By *The Rev. Eleanor Ellsworth*

Young adults and not-so-young alike all benefit from engagement with worth-while topics. At St. James we take Adult Formation seriously and provide a variety of learning opportunities throughout the year. Lent is a traditional time to “dig down deep” and take stock of one’s own soul, one’s one faith, one’s own doubts, and one’s participation in the community of faith. Join us for the Lenten offering below and share your journey with others. We learn from one another, and I look forward to learning from you!

Note that groups such as the Daughters of the King meet regularly and have study topics which enrich one’s spiritual life. Other small groups exist in the parish which pursue mutual topics of interest. For more information, contact me at 858 459 3421 ext. 105.

LENTEN Programs


7 pm Wednesday Evenings: “Exploring Living Faithfully.” Feb. 24, March 3—March 24.

For five evenings, St. James Clergy will conduct a series to encourage you to gather and explore various aspects of our faith experience. This series will engage your mind as well as your heart and soul. Consider letting this Lent be the time you set aside 90 minutes of meeting time to refresh your understanding of what it means to be an Episcopalian in our time. Those considering Confirmation or Reception in the Episcopal Church may use this series to meet requirements for either confirmation or reception. We welcome everyone for any or all sessions. Beverages and light snacks will be available. Call the office to sign up for this series (or just come) 858 459 3421.

9 am Sunday Mornings: “A Celebration of the English Tradition of Prayer and Poetry.”
Feb. 29—March 21

At the request of many parishioners, Dean James Carroll returns to enlighten us about Anglican poets and poetry, with a Lenten twist. The Forum begins promptly at 9 am and concludes by 9:50 am. In the Van Schaick Room.


The Sunday morning Bible Study

This ongoing fellowship group discusses the Bible lessons of the day. During Lent they will meet at 8:45 am in the Kinney Room, St. James Hall. In April they move to the office reception area to make way for the month-long Interfaith Shelter program. 

Evensong

By Steven Townsend, Pastor for Music Ministries

The final Evensong for this academic season will be offered at 5PM on March 21 in St. Mary’s Chapel on the campus of The Bishop’s School, The Very Rev. James E. Carroll, officiating. This service will be offered in loving memory of The Rt. Rev. Robert Wolterstorff.

Our Evensong is patterned after the choral services offered daily in the great Cathedrals and Collegiate Chapels of England. 

Chanticleer

“An Ocean of Voices”

Sunday, March 14, 2010 at 4 pm

We are honored to close our 25th annual St. James Music Series with a performance by a cornerstone of our series and one of the most acclaimed choral ensembles in the world, Grammy Award winning Chanticleer. A few tickets are available. Call Steven Townsend at 858 459-3421 X109 or order tickets on line at www.sjbts.org

Youth Notes


Chris Bernard,
Pastor for Youth & Families

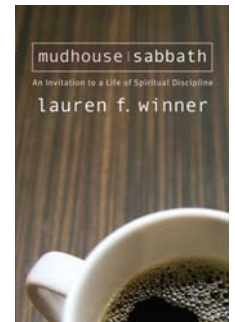
Mudhouse Sabbath

“It’s not just that Jesus was a Jew, Jesus still is a Jew. Engaging Jewish practice and tradition is one important way of overcoming the gap that we sometimes feel exist between Jesus and ourselves.”


For Lent, the Jr. and Sr. High has and will continue to work our way through Laura Winner’s *Mudhouse Sabbath* as a way to consider more deeply Jesus’ Judaism. Join the combined Sunday school at 10:00 AM Sunday mornings.

“Conversations with”

The next “Conversations with” will be on Sunday March 14. As always, it will be at 1235 Via Barranca, in La Jolla and it will start at 4:00PM. The menu is still up for discussion, so if you have any suggestions, I am open. 



Rector's Secretary Position

St. James by-the-Sea is seeking a Rector's Secretary. This position requires high levels of skill in communication and organization. Compensation includes full benefits. For more information contact the Rev. Randal Gardner via randal@sjbts.org or 858-459-3421 (ext. 106). 



St. James by-the-Sea
Episcopal Church
743 Prospect St.
La Jolla, CA 92037
Phone: (858) 459-3421
www.stjamesbythesea.org

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Celebrate Lent & Easter Week at St. James

Five Wednesday Lenten Evenings with the Clergy: "Exploring Living Faithfully."
7 pm Wednesdays, March 3—24 in the VS room. Come for quality time with our clergy and parishioners.

Lenten Sundays: A Celebration of the English Tradition of Prayer and Poetry Sunday Adult Forum: 9 am Sunday mornings in the VS room, February 28—March 21. The Very Reverend James Carroll and The Rev. Eleanor Ellsworth.

Easter Week Services

March 28— Palm Sunday

March 31— Wednesday Noon Service in the Chapel

April 1— Maundy Thursday Program & Service, 6 to 9,

April 2— Good Friday Service at Noon and 6 pm;
4 pm Stations of the Cross

April 4— EASTER SUNDAY— 7am, 9 am, 11 am.
Easter Egg Hunt at 10 am

Daughters of the King

*For His Sake -
I am but one, but I am one.
I cannot do everything,
but I can do something.
What I can do, I ought to do.
What I ought to do, by the grace of God, I will do.
Lord, what will you have me do ?*



This is the motto of the Daughters of the King. If it speaks to you as it has to us, and you'd like more information, call us. Pat Franco 858-456-2226, Cindy Covell 858-459-9054 or Nan Thomas 858-549-2322.

The 2010, 78th Annual White Elephant Sale

Mark your calendars for the 78th annual White Elephant Sale this September 17th, 18th, and 19th.

We will begin taking donations in June, but call us if you have 'must move now' items. Lyn & Nan are returning as the Elephant Sale leaders, and planning for even more fun this year. Contact Lyn Ganschinietz 858 246-6237, lgansc@yahoo.com or Nan Thomas 858 549-2322,

